Seomra Eolais INFORMATION CENTRE

Seomra Eolais is the information room in Saint John of God Hospital, open to patients, carers, families and visitors and is located on the ground floor beside Reception. Seomra Eolais contains information on mental health and related matters.

> Tablets with internet access are available for use. Apps can be accessed on a range of topics, such as relaxation methods. information on medication and many more. Leaflets are also available to take away or browse through.

> > Seomra Eolais is run by volunteers and is open week days, usually from 10.00am to 4.00pm. Our volunteers are delighted to help visitors use the tablets with or to assist finding information.

Phone: Extn: 2300



Saint John of God Hospital